Curriculum



DNB Broad Specialty

Physiology

- Programme Goal and Objectives
- ♦ Syllabus
- Recommended Text Books and Journals

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I. PROGRAMME GOAL AND OBJECTIVES:

1. Programme Goal

The postgraduate course in the subject of Physiology should enable a medical graduate to be

- A competent Physiologist
- A good medical teacher in Physiology practicing the required skills of teaching

2. Programme Objectives

At the end of the course a Postgraduate student in Physiology should be able to:

- Demonstrate comprehensive knowledge and understanding of general and systemic physiology.
- Comprehend and understand physiological basis of health and disease affecting various organs systems.
- Select and use appropriate teaching techniques and resources.
- Critically evaluate published journal literature and to effectively use the library facilities including computer, CD ROM and satellite search.
- Carry out relevant research.
- Function as an effective member of a teaching team or research team.
- Carry out professional obligations ethically and keeping in view the national health policy.

II. SYLLABUS:

1. Primary (Part-I)

Paper I be titled as "General Physiology including history of Physiology" Final (Part II) Paper III "Systemic Physiology (iii) including recent advances.

- **2.** Under the Head of Syllabus (Part I) against Paper I at the end add –"History of Physiology".
- **3.** Against Paper II at the end add "Comparative Physiology"
- **4.** Under the Caption Part II Final: against Paper II add "E titled "Behavioral Physiology with Yoga, Meditation"

5. Practical Training

Animal Experiment

i. Amphibian

- Free load and after load.
- Effect of continuous repeated stimulation (study of phenomena of Fatigue).
- Length of tension diagrams.
- Properties of cardiac muscle Long refractory period, All or None Law.
- Extrasystole and compensatory pause, Beneficial effect.
- Regulation of Heart, Vagus dissection and effect of vagal stimulation.
- Actions of acetyl chlorine, adrenaline and nicotine on heart.
- Perfusion of isolated frogs heart-role of sodium, potassium, calcium ions.

ii. Mammalian

- General management of Mammalian experiments.
- Recording of Blood pleasure and respiration on dogs and also the effects of various factors.
- Recording of effect of stimulation of vagus nerve on blood pressure and respiration in the dog.
- Stimulation of central and peripheral end of vagus on arterial pressure after vagotomy.
- Effect of drug-adrenaline and acetylcholine on blood pressure and respiration in the dog.
- Intestinal movement and tone.
- Effect of adrenaline on intestinal movement and tone.
- Occlusion of carotid arteries on blood pressure and respiration.
- Stimulation of splanchnic nerve (distal end) on arterial pressure.

Human Physiology

i. Clinical Physiology

- Elementary principles of clinical examination.
- Methods of Inspection/Palpation/Percussion/auscultation.
- Plan of conduction and scheme of recording.
- General examination.

ii. Cardiovascular system

- Clinical examination of circulatory system.
- Examination of pulse, blood vessels and measurements of blood pressure.

iii. Respiratory system

• Clinical examination of respiratory system.

iv. Abdominal system

• Clinical examination of Abdomen.

v. Central Nervous system

- Clinical examination of the nervous system and its physiological basis.
- Examination of higher mental functions.
- Clinical examinations of the special senses including cranial nerves.
- Tests of Hearing and Deafness.
- Motor functions.
- Reflex functions.
- Sensory functions.

vi. Ophthalmology

- Clinical examination of the eye and papillary reflex.
- Visual acuity.
- Perimetery.
- Accommodation.
- Color vision and color blindness.
- Fundoscopy.

Laboratory Procedures

- i. Haematology
 - Haemocytometory.
 - Determination of reticulocyte count, platelet count WBC count, RBC count, Eosionphill count in normal and diseased state.
 - Differential count of WBC.
 - Blood grouping and Cross matching.
 - Determination of Beeding time and Clotting time.
 - Haemolysis and Fragility tests.

ii. Cardiovasuclar system

• Electrocardiography – ECG and its interpretation.

iii. Respiratory system

- Spirometery
- Assessment of ventilator functions.
- Alveolar air, breath holding and endurance tests.
- Recording of lung functions tests by computerized or electronic spirometer.
- Sthethography.

iv. Reproductive system

• Methods to determine ovulation time by Basal body temperature chart, cervical smear and vaginal smear.

- Pregnancy diagnostic tests Immunological test.
- Sperm count.

v. Nerve muscle physiology

- Ergography
- Recording of EMG nerve conduction both sensory and motor.
- vi. Others
 - Construction of dietary chart for growing children, hyper tensive patients, Diabetic mellitus patients.
 - Test for physical fitness
 - ➤ Lab Harvard step test.
 - Bicycle Ergometry
 - > Treadmill protocols leading to determination of vo 2 max.
 - > Cardio respiratory response to whole body exercise.

Clinical Biochemistry

- i. Estimation of normal and abnormal constituents of urine.
- ii. Estimation of Blood sugar.
- iii. Estimation of Serum calcium
- iv. Kidney function test.
- v. Liver function test.
- vi. Gastric function tests (excluding fractional test meal).
- vii. Glucose tolerance test

III. RECOMMENDED TEXT BOOKS AND JOURNALS

Under the caption recommending reading the following be added:

1. TEXT BOOKS

- Keele, Samson and Wright's Applied Physiology.
- Best and Taylor Physiological basis for medical practice.
- Guyton Text book of Medical Physiology.
- Ganong Review of Medical Physiology.
- Cambeell, Clinical Physiology.
- P F Backer Recent advances in Physiology.
- Vernon B Mount Castle, Medical Physiology Vol I and II.
- Carl J wiggers Physiology in Health and Disease.
- Williams Text of Endocrinology.
- West and Todd Text Book of Biochemistry and Physiology.
- Harper's Biochemistry.
- Duncon Disease of Metabolism.

- John Field H W Magou Hand Book of Neuro Physiology.
- Carpenter, Neurophysiology
- Wallance O Fen Handbook of Respiratory Physiology.
- Prosser Experimental Physiology.
- Prosser Comparative Animal Physiology, Mannual.
- Wintrobe's Clinical Haematology.
- Kelmen Applied Cardiovascular Physiology.
- Brown, Cell signaling, Biology and Medicine of Signal transudation.
- Byrne Introduction of Memberane Transport and Bioelectricity.
- Sudarasky Patho physiology of the nervous system.

2. JOURNALS:

- By American Physiological Society Journal of Applied Physiology, Physiological Reviews, Annual Review of Physiology, Advances in Physiological Education and Recent advances in Physiology.
- British Publication Journal of Physiology.
- Association of Physiologist and Pharmacologists of India Indian Journal of Physiologists.
- Indian Counsil of Medical Research Indian Journal of Medical Research.



आयुर्विज्ञान में राष्ट्रीय परीक्षा बोर्ड स्वास्थ्य एवं परिवार कल्याण मंत्रालय, भारत सरकार मेडिकल एन्क्लेव, अंसारी नगर, नई दिल्ली – 110029

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